

AVALON BENEFIT 50K/50 MILE RUN - PLEDGE SHEET

Please help the Avalon Lions Club by supporting this run and the various charities on Catalina Island who depend in part upon your support and pledges from this run. All proceeds from the Avalon Benefit 50K/50 Mile Run remain on the island to benefit local charities, youth programs, school scholarship funds and other worthwhile organizations. **Please bring this sheet with you and turn in at the run packet pick-up on Friday night.**

	Name of I	Runner	_ Run #	
	NAME OF PLEDGE	ADDRESS, CITY, STATE, ZIP	AMOUNT/MILE	TOTAL
1				
2				
3				
4				
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11				
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MAKE CHECKS PAYABLE TO: Avalon Lions Club MAIL TO: Spectrum Sports Management, 2058 N. Mills Ave. #454, Claremont, CA 91711. Entries must be postmarked by December 31. Online discount codes not valid.

One 1	form p	er (entrant,	photoco	pies	accepted.	All	fields	must	be (comple	ete to	be	proce	ssed

FIRST NAME	LAST NA	LAST NAME					
				-	-		
DATE OF BIRTH	AGE	SEX	DAYTIME PHO	NE NUMBER			
STREET ADDRESS							
CITY				STATE	ZIP		
EMAIL ADDRESS							
		☐ 18-29 ☐ 30-39					
COMPLETED AVALON 50 MILE RUNS		30-39	9 🗌 50-59	9 🗌 70+	-		

AVALON 50K/50M ENTRY FORM

🗆 50 Mile Run	Before 11/30	\$85.00	\$		
	Starting 12/1	\$100.00	\$		
🗆 50 K Run	Before 11/30	\$75.00	\$		
	Starting 12/1	\$85.00	\$		
BANQUET TICKET	Before 11/30	\$32.00	\$		
Not included in race entry	Starting 12/1	\$35.00	\$		
	TOTAL E	NCLOSED	\$		
🗆 Visa 🛛 Mastercar					
Credit Card #		Exp. Date			

WAIVER: (All participants must sign)

In consideration of the Avalon Benefit Run Committee accepting, I, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and release forever any and all rights, claims for damages I may accrue against Spectrum Sports Management Inc., The Santa Catalian Island Company, The Santa Catalian Island Conservancy, Los Angeles Courty Parks and Recreation, City of Avalon, Catalina Cove and Camp Agency, Avalon Lions Club, Los Angeles Courty Pire, Avalon Hospital, The Avalon Benefit Run Committee and any and all other sanctioning bodies while traveling to and from the event and/or participating in the event. In addition, I forever discharge my groups, their respective officers, agents, employees, representatives, successors and/or assigns for any and all injuries suffered by me at this event.

PARTICIPANT'S SIGNATURE

RUNNERS MUST BE 18 YEARS OLD OR OVER OR HAVE PROOF OF 2 PRIOR ULTRA RUNS. WE RESERVE THE RIGHT TO ACCEPT OR REJECT ANY ENTRY.

CIV Code